

Family Involvement

Penikese encourages extensive involvement of community and family resources in activities ranging from island visits to joint counseling and treatment planning.

After an initial 42-day period of acclimation on the island, students may earn twice monthly contracted home passes. Home passes are viewed as opportunities for students to demonstrate progress and rebuild trust with their families.

Penikese supports families in setting reasonable and effective limits at home, thoroughly preparing both students and families for success after graduation.

Behavioral Management

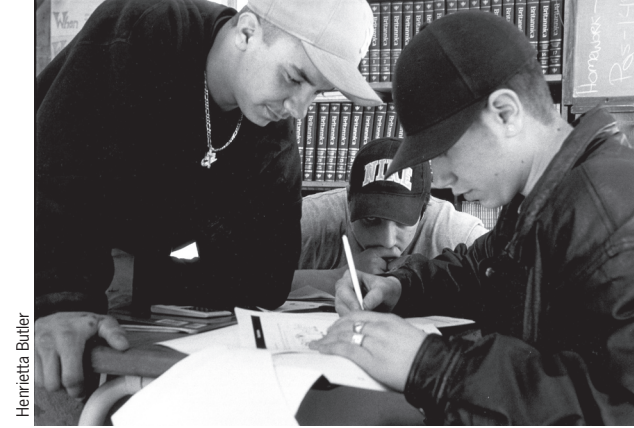
The Penikese behavioral management system provides firm, reasonable, and consistent discipline that promotes growth and change. Using a point system that targets behaviors and abilities essential for growth and change, students are rewarded with pay for each point earned. Acceptable behaviors and positive choices are also reinforced with privileges including home passes.

Clinical Services

Penikese provides comprehensive services including milieu, individual, and group counseling, family support and intervention, substance abuse treatment, and psychiatric consultation. The Communication Without Violence Program, a proven group method which helps to reduce the motivating factors behind disruptive and delinquent behavior, is an integral part of the Penikese program. Penikese staff are trained in a relational approach designed to foster internal change rather than external, behavioral conformity.

Aftercare

Available to all Penikese graduates and their families, The Penikese Aftercare program provides community visits from Penikese staff, mentoring, individual and family consultation, and community liaison work and advocacy. Graduates are also invited back to the island for refresher weekends with students and staff with whom they were enrolled.



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Penikese Island School

2004-2005 School Profile

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Penikese MCAS Results

Since 2001, of those Penikese students eligible to take the MCAS, 92% have passed the math section and 77% have passed the english for a total test success rate of 77%.

For more information, read the enclosed or contact the school.

The Penikese Island School was founded in 1973 to prepare troubled boys 15 to 18 to succeed outside of restricted settings in the "real world" as law abiding and productive citizens.



Penikese's unique success derives from its remote and secure island location and the intensive therapeutic relationships formed between staff and students in a family-style setting. The rustic island environment creates a labor intensive and empowering positive peer culture where students work together for the collective good.

The remoteness of Penikese serves to separate students from negative elements that may reinforce emotional and behavioral problems. Away from the chaos of the streets, substances, negative peer influences, and the material market culture, students concentrate on building relationship skills, interdependence, and responsibility.

The island setting provides relief from stimulus overload and helps students improve their tolerance for frustration and delayed gratification. They learn to "down shift" in order to stay on task and experience success in the class-room, in the work environment, and in the community.

Students and their families, because they are temporarily distanced from each other, have the opportunity to recover and focus on change. As students progress they are slowly reintroduced to life with their families and communities through a series of strict home pass contracts until their ability to succeed is reasonably assured.

The Educational Program

Penikese is an MDOE accredited Chapter 766 program and maintains a 2:1 student-teacher ratio.

Grading Scale:

97-100	A+
96-96	A
92-92	A-
89-89	B+
86-86	B
82-82	B-
79-79	C+
76-76	C
72-72	C-
69-69	D+
66-66	D
62-62	D-
Below 60	F

Students receive daily academic instruction in the one-room schoolhouse. One credit is awarded for successful completion of an academic course that meets 4 hours per week per 10 week quarter.

Penikese's vocational program provides students with applicable job skill training. The vocational course is awarded 4 credits per quarter and meets @16 hours per week per 10-week quarter.

Coursework includes:

Mathematics: Remedial Math, Pre-Algebra, Algebra I, Parts 1 and 2, Geometry, Algebra II, and up
 English: Reading, Writing Skills, Literature, and Grammar
 Social Studies: American History
 Science: Biology

Coursework is based on the Massachusetts Curriculum Frameworks. Modifications and Accommodations are provided according to the individual student's I.E.P. All students prepare for and take the MCAS.

Application materials and school publications are available for download at <www.penikese.org>.

Populations Served:

Attention Deficit Disorder
 Behaviorally Disordered
 Emotionally Disturbed
 Juvenile Offender
 Learning Disabled
 Non-Verbal Learning Disabilities
 Sex Offender*

*Contact school for strict conditions that apply

School Profile:

Enrollment: Male
 Age Range Served: ages 15 – 18
 Program: Residential
 Staff/Student Ratio: 1:2
 # Months Open: 12
 # Days Open: 365
 Current Enrollment: 9

Penikese DOE Program Review

Penikese recently completed its Department of Education Program Review, earning commendations for its Work and Vocational Program, the Communication Without Violence Program, its efforts to establish therapeutic alliances with parents and student home pass monitoring, its exemplary Aftercare and graduate transition program, the reading library, and its health and safety policies and procedures. This report is posted for public viewing on the DOE website at <http://www.doe.mass.edu/pqa/review/psr/reports/default.html>.

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